



DANDENONG NORTH PRIMARY SCHOOL NEWSLETTER

School Website:
www.dandenongnorthps.vic.edu.au

1st August, 2023

Calendar of Events

AUGUST 2023

2nd - Grade 5 Students
Excursion to Victorian
Space Science

3rd - Grade 5 Students
Excursion to Victorian
Space Science

16th - ICAS - English

29th - Pizza Lunch

30th - ICAS - Maths
- Grades Prep, 1 & 2
Tabloid Sports

SEPTEMBER 2023

5th - Grade 1 Students Excursion
to Moonlight Sanctuary

15th - END OF TERM 3

School Pledge

I will do all that I can to make sure that Dandenong North Primary School remains a great school.

I will try my hardest to follow the 4Cs to keep our school a safe and happy place.

I promise to treat others as I would like to be treated.

Mackay Gymnasium Officially Open

On Friday 28th July, the Mackay Gymnasium was officially opened and named in honor of the 77 years of combined service at DNPS. The special assembly was attended by Dandenong's Member of Parliament Gabrielle Williams, previous Principal and Assistant Principal Mr and Mrs Mackay and DNPS School Council President Mrs Ann Scott.



This will ensure that their legacy lives on in the Dandenong North Primary School Community.

Cyber Safety

Children are spending more time on screens than ever before which can sometimes leave us wondering 'how much is too much?'. The increased screen time also raises concerns for parents and carers about what they may be exposed to while on the internet, how we help children make positive choices and if they know what to do when they are uncomfortable. Over the next few newsletters, we will be sharing some tips and advice from eSafety Commissioner which is a Government Site designed to support parents, carers, teachers and students to use the internet safely.

More information including videos can be found at: <https://www.esafety.gov.au/parents/webinars>

To view and read in [Dari click here](#).



Whole School Assemblies

We have recently resumed our whole school assemblies which are taking place in the Gym each Monday at 9am. This is a fantastic opportunity for students to not only be recognized for their achievements but support each other as together they strive to be the best learners they can.

Our student leaders Sam and Oneesha have confidently stepped into the roles of hosts and we are proud of the way they conduct themselves. Public speaking can be very challenging and intimidating, however Sam and Oneesha have taken it in their stride and are fabulous role models for our students.

Congratulations to all students who received an award this week.

PA: Flora	1KS: Kawsar	2T: Jacob	3J: Tinus	4AD: Basir	6C: Lodan
PH: Mahlia	1H: Zara	2P: Ashar	3P: Tinus	4S: Gracie	6R: Shishir
PN: Redwan	1N: Saqlain	2NG: Ezyan	3P: Mohammad	5G: Farinaz	6KG: Heba
PO: Zara	1C: Briseis	2B: Noah	3V: Aishe	5KL: Muath	6CA: Saba
PR: Haniya	1F: Thavion	3O: Saheb	4DW: Gusirat	5P: Qasim	6PG: Zahra
1T: Musna	2AN: Elise	3A: Sally	4M: Mey	5AL: Aadhavan	6K: Ali

Soccer and Safety

Over time we have continued to ask students to take care when playing soccer outside as we have had multiple instances of students, staff and parents being injured by wayward soccer balls. Students in Years 5&6, in particular, strike a soccer ball quite forcefully. This can cause serious bruising and in multiple cases we have had to send students and staff home with knocks to the head.

As we understand how much our students enjoy playing soccer during their break times, we have developed a solution for them to use soft foam balls that have been purchased by the school. These can be borrowed by the students, and they are then able to play in the same designated areas with a reduced fear of injury to others if they are struck by the ball.

As we are using these balls, we ask that children do not bring their soccer balls to school to play with their friends. Instead, they can borrow a foam soccer ball from Mr Fenby/Mr O'Dwyer/Mrs Conway in the Gymnasium.

We appreciate our families' support with this matter.



Help your child achieve a healthy balance in their online and offline activities.

How much is too much?

There is no magic figure. The right amount of screen time can depend on a range of factors like your child's age and maturity, the kind of content they are consuming, their learning needs and your family routine.

It can be easy to focus only on the clock, but the quality and nature of what they are doing online, and your involvement, are just as important.

Consider your child's screen use in the context of their overall health and wellbeing. For example, is online time getting in the way of their sleep and exercise? Is it impacting on their face-to-face connections with family and friends? The answers to these questions will guide you and help strike the right balance of online and offline activities for your child.

Signs to watch for

Signs that your child's online activity may be having a negative impact on them or on your family include:

- less interest in social activities like meeting friends or playing sport
- not doing so well at school
- tiredness, sleep disturbance, headaches, eye strain
- changes in eating patterns
- reduced personal hygiene
- obsession with particular websites or games
- extreme anger when being asked to take a break from online activity
- appearing anxious or irritable when away from the computer
- becoming withdrawn from friends and family

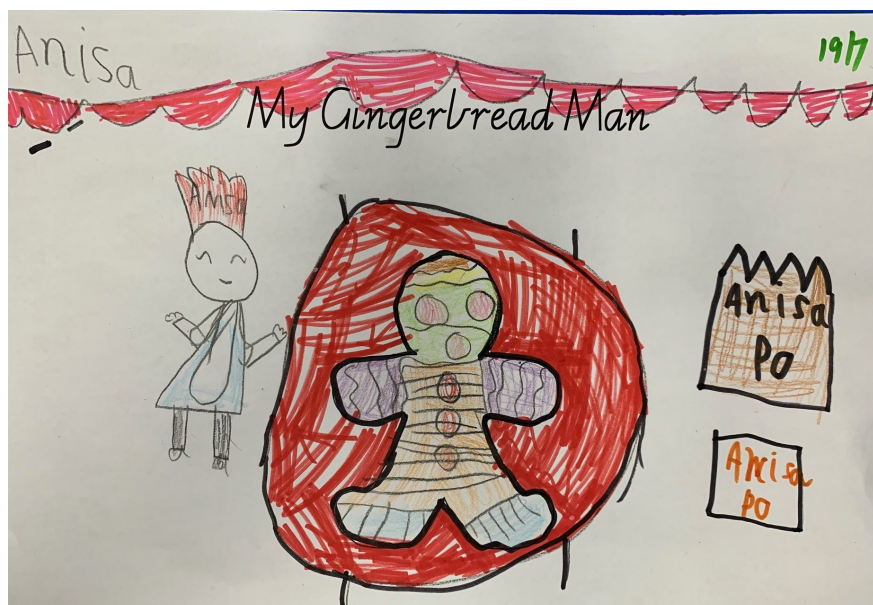
What to do if you are concerned

Ask questions and listen

- Some of the behavioural changes described above are a normal part of growing up but, if you are concerned your child is struggling, try to find out why — there may be underlying issues such as cyberbullying, friendship difficulties or mental health issues.
 - As part of your conversation, ask your child about how much time they spend online and explain why it is worrying and what they could be missing out on.
 - Try not to show that you disapprove or they might shut down communication altogether.
 - Talking to your child's school may also reveal academic or social issues
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'On Tuesday the Prep students had baker Suzanne from Gourmet Kids visit our school. She showed us how to make a gingerbread man. It was very exciting dressing up as a baker with our own apron and chef's hat. We listened carefully and followed her instructions, mixing the flour, sugar and baking powder together in a big bowl. We added the melted butter and mixed again until it formed a sticky dough. Then, it was time to roll out the dough and make our gingerbread man. It was so much fun, and it tasted yummy too! What a great beginning to our Talk For Writing unit this term!'

When you walked past this morning, we were doing a moderated writing task after our experience. We looked at our photos and discussed them in depth. Oral language was the focus. Then the students drew their pictures, came back to the mat for further discussion and then they went to write independently, with no teacher modelling.



Preps Visit Kew Traffic School

News From the North

The Foundation students visited Kew Traffic School where we learnt about road safety and bike education. It was so much fun riding scooters and bikes around the little town. We even had many opportunities to dress up and role play different community helpers.

A great time was had by everyone!



Year 4 students meet the Mayor!

The year 4 students had a special guest visit on Wednesday, July 26th - the Mayor of Dandenong, Eden Foster.

Our students were given the opportunity to ask Ms Foster questions about her life as Mayor.

The questions covered a range of topics, including her career, childhood, ambitions, inspirations, and plans for the city of Dandenong.

This visit was a crucial component of the Year 4 integrated unit on Local Government. We appreciate the time given to us.



Year 6 Gala Day

We are thrilled to share the outstanding achievements of our dedicated Year 6 students at the recent Gala Day. With grit and determination, our students showcased their skills and sportsmanship in volleyball, soccer, and fully loaded softball.

Every participant gave their all and truly demonstrated the spirit of sportsmanship. Their efforts and commitment made us proud as they proudly represented DNPS on and off the field. Congratulations to all the fully loaded softball students, especially the Mixed A Team, for their fantastic victory and progression to the Division Summer Finals. A special mention goes to Meena 6R and Ansh 6CA for not only displaying outstanding talent but also displaying a remarkably caring attitude towards their opposition - a true representation of a DNPS leader.

Well done, everyone!

Mr Fenby and Mr O'Dwyer



Come and try volleyball at GMVA. Our fun & friendly learning environment is a great way to kick start your future.

Learn from State and National Coaches, an Olympic Volleyballer and National Team Captains

Head to gmva.com.au/spikezone to find you nearest location and come along for a session



discover mini-volleyball
WITH VOLLEYBALL AUSTRALIA